

# SA HEART CONGRESS 2018

Provisional Workshop Programme as at **Monday, 30 July**



THURSDAY 4 OCTOBER					
PRE-CONGRESS WORKSHOPS					
08h00 – 08h30		Workshop Registration			
VENUE	WARRIORS HALL 1 & 2	WARRIORS HALL 3	SEERS COURT 1	SEERS COURT 2	KRATAN
	Symposium	<b>Echocardiography 09h00 – 17h30</b>	<b>CVD Imbizo Career building: Lessons from the experts 08h30 – 17h00</b>	<b>Paediatrics Congenital Interventional Workshop 09h00 – 17h00</b>	Symposium
<b>CHAIR</b>		Alfonso Pecoraro Farouk Mamdoo	David Jankelow Liesl Zühlke	Lindy Mitchell Jayneel Joshi	
		Welcome – <b>Alfonso Pecoraro</b> (10 mins)  How to accurately assess and report LV systolic function (20 mins)  Echo assessment of the right ventricle – <b>Ferande Peters</b> (20 mins)  Echo assessment of regional wall abnormalities – <b>Wayne Lubbe</b> (20 mins)  How to report an echocardiogram – <b>Alfonso Pecoraro</b> (20 mins)	Introduction and Purpose of the Meeting – <b>Liesl Zühlke</b> (10 mins)  Cardiology as a career: why, how and what does the future hold? – <b>Mandeep Mehra (USA)</b> (20 mins)  How to build a fulfilling cardiac career despite being in an under- resourced environment – <b>Andrew Sarkin</b> (20 mins)  Cardiac Surgery as a career: why, how and what does the future hold? – <b>Agneta Geldenhuys</b> (20 mins)  Cardiovascular research: Genuine interest in a discipline and building a story (20 mins)  Investing in the development of human capital in healthcare – <b>Ruth Lewin</b> (20 mins)	<b>Junior Interventionalist Training Session</b>  Visualization for success – Preparing for a successful intervention – <b>Jayneel Joshi</b> (15 min)  Stretching the Truth: Introduction to Balloon Dilation of the Aortic and Pulmonary valves – <b>Lindy Mitchell</b> (30 min)  Fixing the Holey heart: Introduction to Device Closure of ASDs and PDAs – <b>Jayneel Joshi</b> (30 min)  Questions and Panel (15 min)	
			Questions and Discussion Group Photo		
		<b>Refreshments 10h30 – 11h00</b>	<b>Refreshments 10h30 – 10h50</b>	<b>Refreshments 10h30 – 11h00</b>	<b>Refreshments 11h00 – 12h00</b>

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	Symposium 11h00 – 12h00	Echocardiography 11h00 – 13h00	CVD Imbizo Capacity building: Tips, tricks and useful hints 10h50 – 12h30	Paediatrics How to close holes: Device closure tips and tricks 11h00 – 13h00	Cardiac Surgical Future of Cardiothoracic Surgery and Training in South Africa 12h00 – 13h00
CHAIR		Alfonso Pecoraro Farouk Mamdoo	Pravin Manga Lungile Pepeta Andrew Sarkin	Antoinette Cilliers Stephen Brown	Johan Brink Francis Smit
		A tale of two hearts (strain for valvular heart disease) – <b>Sorin Pislaru (USA)</b> (20 mins)  How to assess MV prolapse for MV repair – <b>Vuyisile Nkomo (USA)</b> (20 mins)  Comprehensive evaluation of AoV stenosis – <b>Sorin Pislaru (USA)</b> (20 mins)  Prosthetic AoV assessment (20 mins)  Obstructive aortic diseases – <b>Alfonso Pecoraro</b> (20 mins)  Echo after stroke – where to look – <b>Vuyisile Nkomo (USA)</b> (20 mins)	The comprehensive approach to developing your research question – <b>Ganesan Karthikeyan (India)</b> (20 mins)  Writing the paper: tips from an author and editor – <b>Mandeep Mehra (USA)</b> (20 mins)  Grant writing: skills, challenges and lessons – <b>Karen Sliwa</b> (20 mins)  How to present your data: from posters to plenaries – <b>Philip Moons (Belgium)</b> (20 mins)  Essential tips: PubMed, EndNote, ResearchGate and Google Scholar – <b>Mark Engel</b> (20 mins)	Tricky ASD closures – <b>Adele Greyling</b> (30 min)  The difficult PDA – <b>Barend Fourie</b> (30 min)  Big devices in small patients – <b>Jeff Harrisberg</b> (30 min)  Which VSD, which device? – <b>Jayneel Joshi</b> (30 min)	College Training Perspectives – <b>Mandhir Munasur</b> (10min)  SCTSSA Perspective – <b>Robbie Kleinloog</b> (10min)  USA Perspective – <b>Lars Svensson (USA)</b> (10min)  <b>Adult Cardiac Surgery</b>  Coronary Surgery (10min)  Valve Surgery – <b>Shungu Mogaladi</b> (10min)  Aortic Surgery – <b>Dirk du Plessis</b> (10 min)
	Lunch - 11h20 – 12h20	Lunch – 13h00 – 13h40	Lunch – 12h30 – 13h30	Lunch – 13h00 – 14h00	Lunch 13h00 – 14h00

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	<b>Cardiology for Non-Cardiologists</b> 12h20 – 17h00	<b>Echocardiography</b> 13h40 – 15h20	<b>CVD Imbizo</b> My career walk: Views and perspectives 13h30 – 15h00	<b>Paediatrics</b> How to keep holes open: Stenting in CHD 14h00 – 15h30	<b>Cardiac Surgical</b> 14h00 – 15h00
<b>CHAIR</b>	Nqoba Tsabedze Len Steingo	Alfonso Pecoraro Farouk Mamdoo	Tawanda Butau Blanche Cupido	Barend Fourie Rik de Decker	Johan Brink Francis Smit
	Welcome (10 mins)  Approach to Resistant Hypertension – Diagnosis, Investigation and Management – <b>Martin Mpe</b> (30 mins)  Practical approach to the Management of Primary and Secondary Hyperlipidaemia – LDL goals and clinical role of PCSK9 inhibitors – <b>Frederick Raal</b> (30 mins)  Iron Deficiency in Heart Failure – <b>Eric Klug</b> (30 mins)  GLP-1 RA and Cardiovascular Protection – What the Physician needs to know – <b>Nqoba Tsabedze</b> (30 mins)  Common sources of Error in Medical Decision Making and the need for Empiricism – <b>Charanjit Rihal (USA)</b> (30 mins)	Tricuspid valve evaluation – <b>Alfonso Pecoraro</b> (20 mins)  HCM: Evaluation for myectomy – <b>Sorin Pislaru (USA)</b> (20 mins)  Evaluation of mitral stenosis for PMC – <b>Anton Doubell</b> (20 mins)  Evaluation of atrial septal defects – <b>Farouk Mamdoo</b> (20 mins)  Echo in the ICU – <b>Vuyisile Nkomo (USA)</b> (20 mins)	If I could design my own training – <b>Resham Baruah (UK)</b> (10 mins)  Joys and challenges of a researcher parent – <b>Liesl Zühlke</b> (10 mins)  Lessons from my overseas sojourn – <b>Hopewell Ntsinjana</b> (20 mins)  A PhD: To do or not to do? – <b>Ntobeko Ntusi</b> (15 mins)  Advice I would give myself as a registrar – <b>Pravin Manga</b> (15 mins)  Building a career in another country /another city – <b>Karen Sliwa</b> (20 mins)	Restoring the RVOT and Pulmonaries – tips and tricks – <b>Stephen Brown</b> (30 min)  PDA stenting tricks – <b>Marc Gewillig (Belgium)</b> (30 min)  Coarctation stenting – when to do what – <b>Stephen Brown</b> (30 min)	<b>Thoracic Surgery</b>  Pulmonary and Esophageal Malignancy – <b>Rasj Madisson</b> (10 min)  VATS – <b>Tony Linegar</b> (10 min)  Inflammatory Lung Diseases – <b>Frank Chauke</b> (10 min)  <b>Paediatric Surgery</b>  Challenges in todays environment – <b>André Brooks</b> (10min) – <b>Eric Schurmann</b> (10min)  <b>Discussion:</b> (10 min)
<b>15h30 – 16h00</b>	<b>15h00 – 15h30</b> Refreshments - Superbowl	<b>Refreshments</b> 15h20 – 15h50	<b>Refreshments</b> 15h00 – 15h30		<b>Refreshments</b> 15h00 – 15h30

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	<b>Cardiology for Non-Cardiologists</b> 15h30 – 17h00	<b>Echocardiography</b> 15h50 – 17h30	<b>CVD Imbizo</b> 15h30 – 16h30	<b>Paediatrics</b> <b>If you want Peace – prepare for War: Dealing with complications in Cath Lab</b> 16h00 – 17h00	<b>Cardiac Surgical</b> 15h30 – 17h00
<b>CHAIR</b>	Nqoba Tsabedze Len Steingo	Alfonso Pecoraro Farouk Mamdoo	Martin Mpe	Stephen Brown Adele Greyling	Johan Brink Francis Smit
	High sensitivity cardiac troponin I in patients with suspected acute coronary syndrome – <b>Andrew Chapman</b> (30 mins)  Optimal medical treatment in stable coronary artery disease – <b>Jeroen Bax (Netherlands)</b> (30 mins)  ECG Interactive session – <b>Ashley Chin</b> (30 mins)  Close	Complex congenital heart disease – the morphological method (20 mins)  Case: Complex congenital heart disease – <b>Blanche Cupido</b> (20 mins)  Pericardial constriction in a nutshell (20 mins)  Interesting cases from the Mayo clinic including quiz – <b>Vuyisile Nkomo (USA)</b> (10 mins) – <b>Sorin Pislaru (USA)</b> (10 mins)  Interesting cases from South Africa including quiz – <b>Alfonso Pecoraro</b> (20 mins)	<b>16h00</b> During afternoon tea: there will be an opportunity to share tea with the key local and international faculty They will be seated at round tables and fellows/attendees will have an opportunity to share their stories and questions with faculty (All fellows are invited to bring along their business cards to share with faculty) - What were your major challenges during your career? - What did your failures teach you? - What are the most important elements for a successful career? - Any advice you would give to us? - Should I do fellowships overseas? - How do I balance clinical work, research and family? - What are the key questions needed to be researched in CVD in the future? - How do we find our niche?  <b>16h30</b> Wrap-up and summary – <b>Liesl Zühlke</b>	Fishing for lost devices – <b>Rik de Decker</b> (20 min)  RVOT perforation – <b>Barend Fourie</b> (20 min)  What’s up with that leg? – <b>Janine Meares</b> (10 min)  Closing and Questions (10 mins)	<b>Private Training Incentives</b>  - <b>Martin Sussman</b> (10min) - <b>Villiers Jonker</b> (10min)  <b>Surgical Simulation - training tomorrow’s surgeons</b>  - <b>Jehron Pillay</b> (10 min) - <b>Francis Smit</b> (15 min)  <b>Panel Discussion:</b>  All presenters (30 minutes)  <b>Summary:</b> <b>Johan Brink</b> <b>Francis Smit</b> (15 mins)
<b>17h30 – 18h00</b>	<b>CISSA AGM</b>				<b>Warriors Hall 3</b>